

Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

Water will be made available to students throughout the school day.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** At the elementary school, there are several water fountains and bottle filler stations available throughout the building. If there is an issue with water service, the district communicates with parents asking them to send their student with a water bottle and the district secures a supply of bottled water for those that need it.
 - **Middle School:** At the middle school, there are several water fountains and bottle filler stations available throughout the building. If there is an issue with water service, the district communicates with parents asking them to send their student with a water bottle and the district secures a supply of bottled water for those that need it.
 - **High School:** At the middle school, there are several water fountains and bottle filler stations available throughout the building. If there is an issue with water service, the district communicates with parents asking them to send their student with a water bottle and the district secures a supply of bottled water for those that need it.
-

2. Physical Activity Goal (REQUIRED)

The school district's curriculums shall include instruction on physical activity and habits for healthy living.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School:** At all grade levels, students have Physical Education built into their regular schedule. Additionally, there are multiple recesses on a daily basis, as well as morning walking club available upon arrival at school.

- **Middle School:** At all grade levels, students have Physical Education built into their regular schedule. Additionally, students have a scheduled recess after lunch meal service and extracurricular opportunities in which they can participate.
- **High School:** At all grade levels, students have the opportunity to participate in Physical Education classes, with a minimum enrollment being mandatory for graduation. Additionally, students have the opportunity to participate in extracurricular opportunities available.

3. Other Student/School Wellness Goal (REQUIRED)

The district's lunchrooms will be attractive and well-lighted.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School:** The elementary school lunchroom has a smooth flow to traffic and contains windows for natural light to permeate. The district contracted with a service company this past year that also contributed to signage and overall aesthetic.
- **Middle School:** The middle and high schools share a lunchroom during different times. This space was recently renovated to add much more seating space, separate it from classroom traffic, and increase the amount of natural light that is available to the space. Additionally, the district contracted with a service company this past year that also contributed to signage and overall aesthetic.
- **High School:** See Middle School

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate

extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

1 school Partially Compliant

2 schools Compliant

Notes: It was found that the high school was operating a vending machine that did not meet the standards for Smart Snacks. When discovered, that machine was disabled and is no longer a concern.

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

Compliant

3. Food/Beverage Marketing and Advertising Standards

Compliant

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

Patrons of the district are invited to participate through clubs and programs, regular board meetings, and direct contact from the administration.